

# October Menu

3	4	5	6	7 Apple Crisp with apples from Green Hill Orchard 
10	11	12 Visit from Chef John for a cooking demonstration! 	13	14 Taste test: local salad greens 
17	18 Visit from Farmer Jane of Green Hill Orchard! 	19	20	21 Roasted sweet potato fries grown in Springfield. 
24	25	26	27	28 Taste test: local pears 
31	 <p>October is National Farm to School Month, a time to celebrate the connections that are happening all over the country between schools and local food!</p> <p>The Farm to School Month logo marks days when special events are taking place or local foods will be served. For more information, visit <a href="http://www.farmentoschoolmonth.org">www.farmentoschoolmonth.org</a>.</p>			